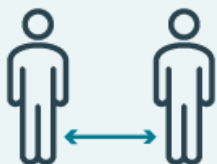




COVID-19



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS



GET A VACCINE

People at Increased Risk

And Other People Who Need to Take Extra Precautions

Updated Mar. 15, 2021 [Print](#)



People at Increased Risk for Severe Illness

Some people are more likely than others to become severely ill

[Older Adults](#)

[Pregnant People](#)

[People with Medical Conditions](#)



COVID-19 Vaccines Information for Specific Groups

Vaccine information for older adults, long-term care facility residents, people with underlying medical conditions, people at high risk for severe illness, people with disabilities, and more.

[COVID-19 Vaccine Information](#)

Other People Who Need Extra Precautions

Factors that mean you might need to take extra precautions against COVID-19



Resources for Limited-English-Proficient Populations

A communication toolkit with non-English COVID-19 resources

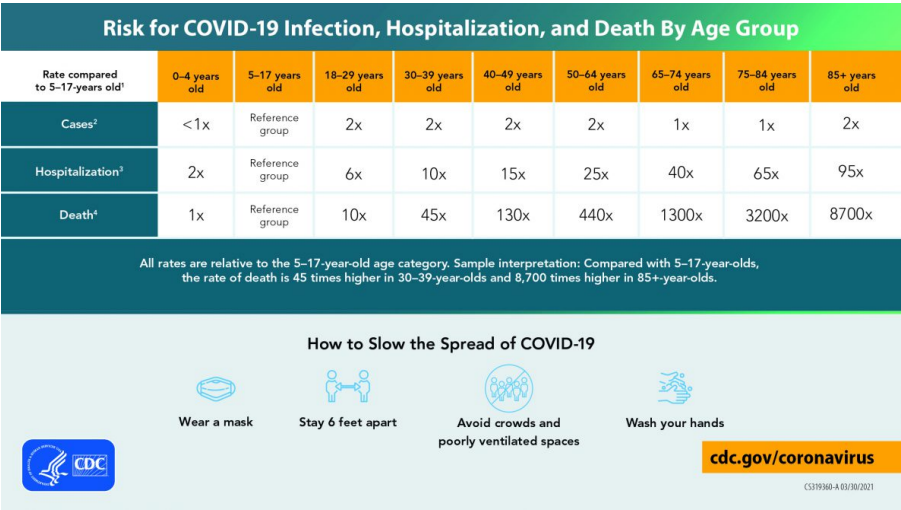


Supporting Those Needing Extra Precautions

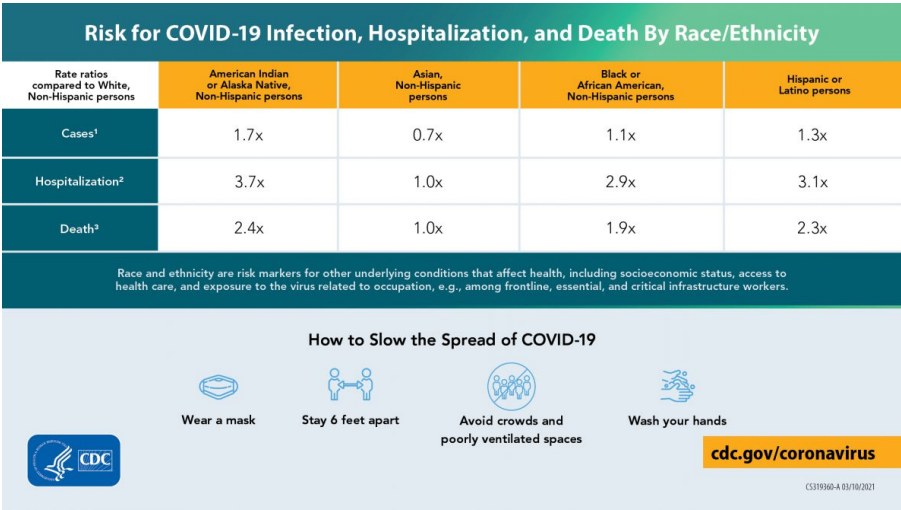
[Caring for People with Disabilities](#)

[Caring for People with Developmental and Behavioral Disorders](#)

[Caregivers of People Living with Dementia](#)



Risk for COVID-19 Infection, Hospitalization, and Death by Age Group



Risk for COVID-19 Infection, Hospitalization, and Death by Race/Ethnicity

Digital Resources

What You Can do if You are at Higher Risk of Severe Illness from COVID-19

Are You at Higher Risk for Severe Illness?

Based on what we know now, those at high-risk for severe illness from COVID-19 are:

Here's What You Can do to Help Protect Yourself

Stay home if possible.

Wash your hands often.

What You Can do if You Are at a Higher Risk (PDF)

More Information

Prevent Getting Sick

How to Protect Yourself and Others

Symptoms and Testing

If You Are Sick

Visiting friends and family with higher risk for severe illness

Last Updated Mar. 15, 2021